

# BeYourDream.Net

"Design Destiny into Reality!"



# What is your WHY?

If it isn't big enough to make you cry...

... you will not do what it takes to **W.I.N.!** (*Why, Imagine, Nonstop*)  
What is your elephant? In other words what is that vision that grips your soul to say wow, what a fantastic life that would be to live? So what is the elephant or animals of your jungle? It's the major symbolic underlining team members of your dreams, which is your **subconscious**. They are ready to hear your command! It has got to be tapped into with meaningful intention and brought out of like a genie kettle where it shouts through granting you the ability to see your vision of your dreams. Imagine you, your consciousness being like Tarzan shouting his command like an elephant out of it's trunk! Your conscious message, which is you (Tarzan) is the music helping your subconscious animals dance to the command it is given. Who's song are your animals dancing to? Is it from a falsifying advertisement commercial saying if you drink beer, beautiful women or men would just appear out of nowhere all around wanting you? **It is crucial that you understand this.** If you keep dancing to the tunes of commercials created by marketing monsters who are manipulating minds to captive destruction, you may just find yourself not satisfied ever. Because you know very well the Tarzan in you, the elephant, the tigers etc., seeks to sing and roar freely for your souls freedom. **That is your true WHY in life.** So it's important that you are in command. (Ability to do what you love in life with your time and not just reacting to the basics of getting by or surviving) What is your why? It has to be big enough to make you cry! Write it down. Need inspiration? It can be a love story, a dream vacation journey, and or perhaps a grandiose



charity? Use your imagination and clip out pictures out of magazines, or perhaps easier, download images of inspiration from the web to put on your dream board! This leads to actions steps you can start doing now.

Step 1) Write down 99 Dream List Wishes To Make/Have Come True

Step 2) Go to [google.com](https://www.google.com) and download your dream images!

Be sure to click the "**Images**" link above to the right corner of the site as you are "googling", it will filter just images of what you are searching for. Once you find the image(s) you want to download, (Right click, choose "Save As") and put into a "**Dream Vision Folder**" that you



(Type out all of your major dream items & download the photos!)



create "New Folder" in your pictures folder. (See video tutorial to be coached visually, simply opt-into <http://BEyourDREAM.Net> it will be in the autoresponder email #1)

**List 99 dream wishes** (Things you want to have, do, and or achieve)

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|-----|-----|
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| 2.  | 17. |
| 3.  | 18. |
| 4.  | 19. |
| 5.  | 20. |
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| 10. | 25. |
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| 13. | 28. |
| 14. | 29. |

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(There's no wrong or right, think, see, dream big and write it down!)

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Now select the top 12-24 items list and make your Dream Board, be sure to create one; print it out and save it to your desktop screen and phone screen (see tutorial to duplicate) as it will remind you of your subconscious commercial of why you do what you do! You have to see it regularly so that you will be reminded to act on it daily. (The pain of dream activities will be worth the ounces of discipline as regrets will weigh tons)

Speaking of daily actions, that's the "ants" which are your activities of what you will do to attain your goals. These activities/efforts needs to align with your elephant. Here's the thing, "A dream is just fantasy until you schedule it." Here's a interesting factoid, your neurons of your brain uses 200,000 to just conceive the activity of doing the day to day tasks towards your goals. However guess how many neurons your brain uses when it activates envisioning your dreams, that's picturing yourself in that dream lifestyle, it uses *4 billion!* **Do you see that value in making this project happen?** In order to manifest your dreams you have to literally write them down and post them up to see them. Congratulations on doing it. (You are welcome to follow the tutorial to do so)

### **What A.N.T. (Accurately Needed Tasks) activities will you do?**

1.

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Once you have listed the tasks that you will need to do, go ahead and focus in on the top 3 things that you will do daily that will enhance your process toward achieving your dreams. I would say also to be sure to put in reading for 10 minutes or 10 pages a day. (That will add up to an average of 1 book a month) Listen/Watch to 30 minutes to 3 hours of positive information to better your people and leadership skill sets. Associate with people at local and live functions weekly who are doing dream building activities as well. There is no excuse for others to work harder than you. If you want to achieve your dreams you have to put in the efforts for it.

Last but not least **Step 3)** write down your "**Dreamfirmative**" attributes. This is a list of "I am... (fill in the blank)" in present tense so that you can put it in your pocket and or take a picture of it and view it on your multimedia device and read it daily. Use it as a encouragement and motivational tool to keep-keeping on towards your vision and dreams. An example blow is:

"I am a great guru-masterful-teacher that empowers people to live their dreams.

I am a dream coach who listens and brings out the best in others.

I am apart of the top international renowned speakers of the world where people come from all over to hear my story."

Write as many as you'd like. Have it ready to read/recite at any given moment, and read it out aloud for 99 days. When people attack you, who are known as "Dream Stealers" (DS), you'll see this is very powerful to refuel up and re-energize. They are trying to pull you down to stay mediocre and to not go above average because they themselves don't. So when someone raises their bars and they are not doing all they can do, they see it as a threat. Also stay away from "Energy Vampires" (EV) as they will be a waste of time and unnecessary distractions of your journey. The key to faster success is riding on the shoulders of giants. As you will be able to see further and grow healthier with their mentorship and coaching. They will bring out your genius and see your blind spots. As you apply this powerful template towards your dream path, you'll discover that all the things that you do will count towards getting you there. The power is within, where you have greatness to be all that you can be. The be your dream journey will bring you many adventures and I will leave you with these saying:

**The future belongs to those who believe in the beauty of their dreams and take action to make them come true.**

**If the mind can conceive it and the heart believes in it, you can achieve it.**

**Knowing is not enough, we must apply. Willing is not enough we must do.**

**Take care, take charge; design destiny into reality and be your dream!**

**My WHY:**